

# Year 7 Curriculum Overview 2017 - 2018



## Subject: Physical Education

Autumn Term	Half Term 1	Assessment period for both girls and boys Pupils entry level will be established and their starting point assessed through: Games Gymnastics, Dance and Health Related Exercise ( HRE)	Transition Core Tasks - specific to activity / sport.	
	Half Term 2	7x1 Netball 7x2 Gym 7x3 Football	7y1 Netball 7y2 Football 7y3 Basketball	End of unit task - Assessment of skill, performance in small sided games; adapted, conditioned and fully recognised version of game. Opportunities for competition through EC Autumn term fixtures
Spring Term	Half Term 3	7x1 HRE / Orienteering 7x2 Football 7x3 Gym	7y1 HRE / Orienteering 7y2 Handball 7y3 Gym	End of unit task - Assessment of skill, performance in small sided games; adapted, conditioned and fully recognised version of game. Opportunities for competition through EC Autumn term fixtures
	Half Term 4	7x1 Tag Rugby 7x2 Handball 7x3 HRE	7y1 Tag Rugby 7y2 Handball 7y3 HRE	End of unit task - Assessment of skill, performance in small sided games; adapted, conditioned and fully recognised version of game. Opportunities for competition through EC Spring term fixtures
Summer Term	Half Term 5	7x1 7x2 7x3 Athletics: Track and Field Activities	7y1 7y2 7y3 Athletics: Track and Field Events Activities	End of unit task - Assessment of skill, performance in track and field Athletic events Opportunities for competition through EC Summer term fixtures
	Half Term 6	7x1 7x2 7x3 Striking and Fielding Activities	7y1 7y2 7y3 Striking and Fielding Activities	End of unit task - Assessment of skill, performance in small sided games, adapted, conditioned and fully recognised version of game.  Opportunities for competition through EC Summer term fixtures

Athletics Units include track and field events including sprinting, middle distance and long distance running. Javelin, discus, shot putt, long and high jump.  
Striking and Fielding Units – activities may include Softball, Rounders, Cricket, and Longball  
Activity areas are subject to change due to poor weather.