

What's Your Learning Style?

Visual

Learn through seeing



Tend to sit at the front of classroom

- Like diagrams, illustrated tasks, video/DVD and hand-outs
- Like to take detailed notes

Auditory

Learn through listening



Like to listen to others

- Not over keen on written information
- Like to read text aloud
- Like to use play back settings on digital media players

Kinaesthetic

Like taking part and touching



- Find it a challenge to sit for long periods
- Learning by doing