

BSF Menu

Monday WEEK 1	Tuesday	Wednesday	Thursday	Friday
Beef Bolognese with Penne pasta & Salad	BBQ Chicken with rice and peas	Roast Turkey, Creamed Potato, Carrots, and Broccoli	Beef Chilli with Rice & Nachos	Fish, Chips & Peas
Quorn Korma, Rice, and Naan	Vegetable Lasagne, Garlic Bread & Salad	Quorn & Vegetable Risotto	Cheese Whirl, Mashed potato & Beans	Macaroni Cheese
Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day
<b>Jacket Potatoes – House Salad, Baked Beans, Tuna Mayo, Grated Cheese</b>				
Panini / Hotdog	Panini / Pizza Slice	Panini / Chicken Tikka Wrap	Panini /Spicy Chicken Burger	Panini
Chocolate Sponge	Sticky Toffee Pudding	Cornflake Tart	Apple Crumble	
<b>Variety of Homemade Tray Brakes / Grape Pots / Whole fresh Fruit &amp; Yoghurts</b>				
Monday WEEK 2	Tuesday	Wednesday	Thursday	Friday
Roast Chicken, new potatoes, peas, and sweetcorn	Lamb Kofta with Flatbread, and salad	Roast Beef, Boulangère potatoes, Carrots, Peas, and Gravy	Chinese Chicken wrap	Fish, Chips, and Peas
Quorn Tikka, Rice & Naan Bread	Cheese and Onion Pie, Creamed potatoes, and baked beans	Vegetable Hotpot	Quorn Bolognese, Garlic Bread & Salad	Vegetable sausage Roll
Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day
<b>Jacket Potatoes – House Salad, Baked Beans, Tuna Mayo, Grated Cheese</b>				
Panini / Hot Beef Baguette	Panini / Beef Burger/ Cheeseburger	Panini / Pizza	Panini / Spicy Chicken Burger	Panini
Banana & Chocolate cake	Pineapple Upside Down cake	Jam Roly Poly	Apple Sponge	
<b>Variety of Homemade Tray Brakes / Grape Pots / Whole fresh Fruit &amp; Yoghurts</b>				
Monday WEEK 3	Tuesday	Wednesday	Thursday	Friday
Braised Sausage with Creamy Mash, Garden Peas	Chicken Madras Curry with Rice and Naan	Roast Chicken with Roast Potatoes, Broccoli, and Carrots	Beef Lasagne with crusty bread and a side salad	Fish, Chips & Peas
Tomato Pasta	Quorn Sausages, Mash & Beans or Sweetcorn	Quorn Meatballs in Tomato sauce & Pasta	Vegetable Tikka, Rice, and Naan	Vegetarian Sausage roll
Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day	Pasta bar and sauce of the day
<b>Jacket Potatoes – House Salad, Baked Beans, Tuna Mayo / Grated Cheese</b>				
Panini / Chicken tikka wrap	Panini / Beef Burger	Panini / Pizza	Panini / Spicy Chicken burger	Panini
Lemon sponge	Syrup sponge	Apple Crumble	Carrot Cake	
<b>Variety of Homemade Tray Brakes / Grape Pots / Whole fresh Fruit &amp; Yoghurts</b>				

Available daily – assorted yoghurts, fresh wholemeal bread, salad pots and lots of fresh water. Allergy advice – all our food is prepared in a kitchen where nuts, gluten and other ingredients are present, and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. Any fish we serve will vary depending on availability. We only select fish from sustainable sources. (V) Suitable for vegetarians or vegetarian options available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative